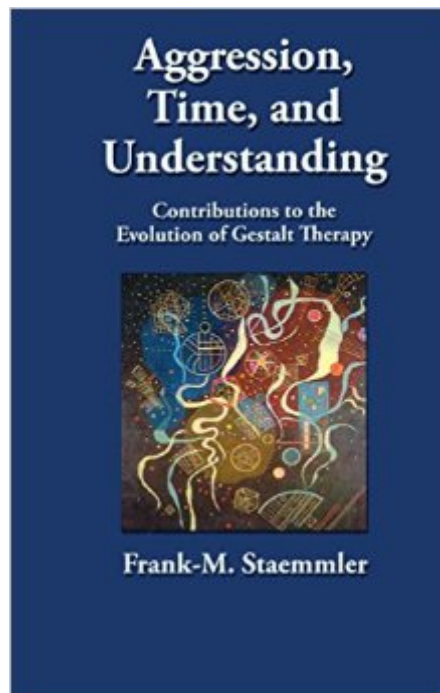


The book was found

Aggression, Time, And Understanding: Contributions To The Evolution Of Gestalt Therapy



Synopsis

Aggression, Time, and Understanding is the first book of Staemmler's writings to be published in English. In the early sections of this book, Staemmler (supported by his Buddhist wife, Barbara) comprehensively explores and questions the traditional Gestalt therapy theory of aggression and proposes a new approach to working with anger and hostility. Further sections include in-depth examinations of the topics of time (the "Here and Now" and "Regressive Processes") and understanding ("Dialogue and Interpretation" and "Cultivated Uncertainty"). From Staemmler's "critical gaze," Dan Bloom observes, "concepts emerge as refreshed, re-formed, and revitalized constructs so we can continue to develop the theory and practice of contemporary Gestalt therapy."

Book Information

File Size: 3300 KB

Print Length: 371 pages

Page Numbers Source ISBN: 0415870984

Simultaneous Device Usage: Up to 4 simultaneous devices, per publisher limits

Publisher: Gestalt Press; 1 edition (February 4, 2016)

Publication Date: February 4, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01BH0WG80

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #1,505,555 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #63

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology >

Movements > Gestalt #109 in Books > Medical Books > Psychology > Movements > Gestalt

#1213 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology >

Education & Training

Customer Reviews

If Perls Hefferline and Goodman were writing today, they would be Staemmler, Perls, Hefferline and

Goodman. This book makes what might be the most significant revision to gestalt therapy theory ever. In book-length section one Staemmler corrects an egregious error that both gestalt therapy and psychoanalysis have at their foundations -- a conflation of assertiveness with aggression. Not only does Staemmler correct this error, but he also provides fresh, new insight on how to deal with aggression when it does arise in therapy. His revised theory also finally allows for the meaningful integration of Eastern thought in gestalt psychotherapy, something PHG attempted in 1951, but never really pulled off. The remaining sections of the book are interesting but do not make the earth move in the same way as the first -- aftershocks to section one's 10.0 on the Richter scale. Buy this book now. It changes everything.

[Download to continue reading...](#)

Aggression, Time, and Understanding: Contributions to the Evolution of Gestalt Therapy Gestalt Therapy: An Introduction to the Basic Concepts of Gestalt Therapy In Search of Good Form: Gestalt Therapy with Couples and Families (Gestalt Institute of Cleveland Book Series) The Silent Marriage:: How Passive Aggression Steals Your Happiness, 2nd Edition (The Complete Guide to Passive Aggression Book 5) Art Therapy and Music Therapy Bundle: (Expressive Arts, Movement Therapy, Art Therapy Trauma, Therapy Books) Gestalt Therapy: Therapy of the Situation Speech Therapy for Kids : Techniques and Parents Guide for Speech Therapy (speech therapy, speech therapy materials) Understanding Bergson, Understanding Modernism (Understanding Philosophy, Understanding Modernism) Gestalt Therapy and Spiritual Perspective: The InnerSense Collection Gestalt Therapy for Addictive and Self-Medicating Behaviors Gestalt Therapy: History, Theory, and Practice Gestalt Therapy Integrated: Contours of Theory & Practice The Healing Relationship in Gestalt Therapy The Gestalt Approach & Eye Witness to Therapy Gestalt Therapy Verbatim Gestalt Therapy Now The Gestalt Therapy Book Cupping Therapy: An Essential Guide to Cupping Therapy, How it Works, and Its Benefits (Suction Cup Therapy | Chinese Cupping | Bekam | Hijama | Ventosa) Of Arms and Men: A History of War, Weapons, and Aggression Warning Signs: How to Protect Your Kids from Becoming Victims or Perpetrators of Violence and Aggression

[Dmca](#)